

Instructions for CT Scan

- CT With Contrast – No food or drink after midnight.
- CT Without Contrast including Abdomen and/or Pelvis – No food or drink after midnight. A small amount of oral contrast will be given upon arrival.
- CT Without Contrast other than Abdomen and/or Pelvis – No restrictions, you can eat and drink as normal.
- If you are allergic to IV contrast (iodine) be sure to mention when confirming appointment.
- If you have medications that you absolutely must take prior to scan, please take with just enough water to wash them down!
- Diabetics: If you take Metformin, do NOT take it the morning of the scan. Bring medication with you to the appointment.
- Claustrophobic: If prescribed anxiety medications, take as instructed by your physician. You must have a driver with you!
- Plan on arriving 15 minutes prior to appointment time to complete any paperwork.
- Bring photo id and insurance card so we can make a copy.
- Dress **warm** and comfortable. It gets **very chilly** in here! No metal on your clothing including **zippers, rhinestones, hooks, snaps** and/or **underwire**. Elastic waistbands and sports bras are good options!
- Do not wear any jewelry, leave all valuables at home!
- No perfumes, powders, lotions, colognes, and/or aftershaves. Deodorant is ok!

Following these instructions will ensure the most optimal conditions to acquire your images!



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